

Health Library for North Staffordshire Newsletter

Issue 13, January 2025



Welcome

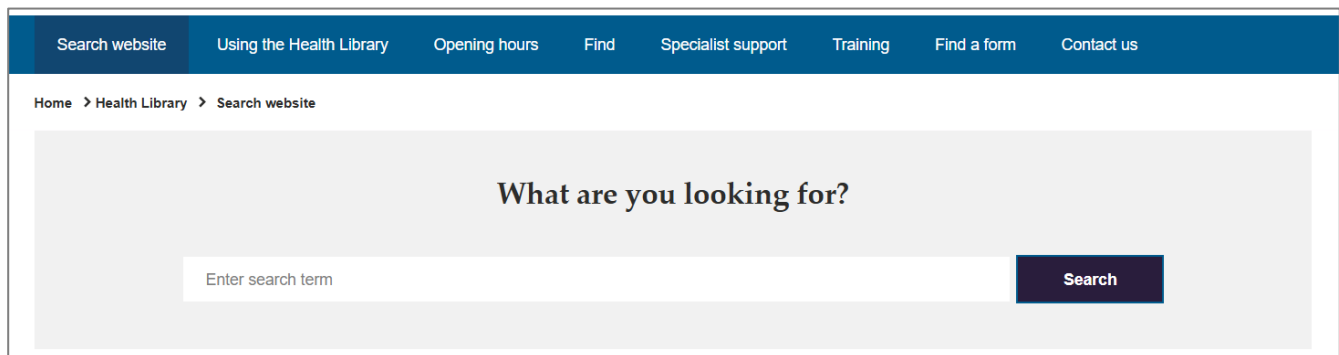
Welcome to the Health Library for North Staffordshire newsletter. Read on to learn more about how we can support you. Find out about the latest activities at the library and our recent blog posts.

Looking at the print version? Please [see our website](#), or scan the QR code to access the online version with all the links.



NEW! Search the Health Library website

We've introduced a new feature to help you to find what you need on our website. Use the Health Library search box to find resources, services and training opportunities. [Check out this blog post](#) to find our more.



The screenshot shows a navigation bar with links: Search website, Using the Health Library, Opening hours, Find, Specialist support, Training, Find a form, and Contact us. Below the navigation bar is a breadcrumb trail: Home > Health Library > Search website. The main content area features a large search box with the text "What are you looking for?" and a "Search" button. The search box contains the placeholder text "Enter search term".

Are you an effective searcher? Check your skills here

Are you searching effectively? Do you want to improve your skills? Whether you are looking for articles for your assignments or you need to check the latest evidence for your work, you need to have the right skills. Complete our short quiz [Check Your Skills](#) and find out what information skills you have and how you can improve them. Answer all the questions and download your action plan to help you to improve.



Training courses to improve your searching skills

Our training team have revamped their training programme and now offer you a multitude of training opportunities. Complete one of our sessions to get the skills to find the articles you need for your assignments, studies, work and research.

- [Learn more](#) about opportunities available for Keele staff and students
- [Learn more](#) about training courses available for NHS staff

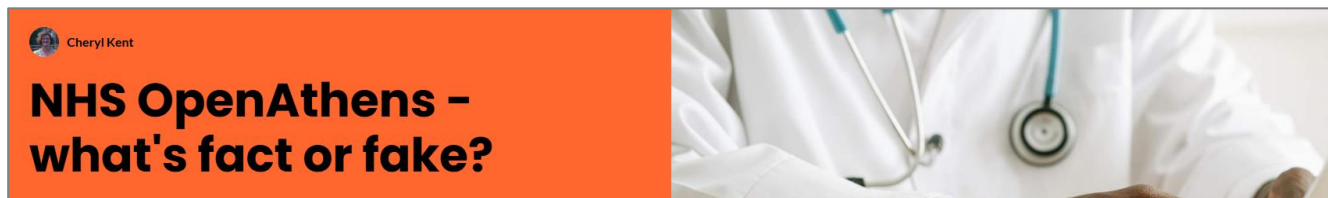
Discover even more resources in the NHS Knowledge and Library Hub!

We've added even more resources to the NHS Knowledge and Library Hub. The print books at the Health Library (Royal Stoke) and the Health Library at County, and more e-books can now be found in the Hub. What does this mean? [Read our blog post to find out.](#)

NHS OpenAthens - what's fact or fake?

What do you know about NHS OpenAthens? Are you eligible for an NHS OpenAthens username? What can you access with an NHS OpenAthens username? Do you think an NHS OpenAthens username will help you?

Ignore all the rumours and check out what's fact or fake news. Complete our short quiz for NHS staff - [NHSOpenAthens - what's fact or fake](#) - to learn more about NHS OpenAthens, whether you are eligible and how you can get your own username to access key resources.



Our updated tutorial is free and easy to access. Have a go at the quiz to find out whether you know the facts about NHS OpenAthens. Then complete the online form to register for your username - step-by-step instructions are available.

Obesity Awareness Week 10th - 16th January 2025

The Government's policy paper on obesity published in July 2020 suggested that 63% of adults in the UK are above a healthy weight, with half of those being classed as obese. Obesity Awareness Week takes place every January to highlight the issues surrounding obesity and the associated health problems. [Read our blog post](#) to learn more about library resources on this topic.

Decembeard 2024 - Bowel Cancer awareness

Every December the charity, Bowel Cancer UK, asks people to ditch the razors and grow or style a beard to support everyone affected by bowel cancer. According to their website, bowel cancer is the fourth most common cancer in the UK, with around 44,000 people diagnosed every year. This campaign is aimed at raising awareness and funds to support research and treatment. [Read our blog post](#) to learn more about library resources on this topic.

Diabetes Awareness Month - November 2024

According to the charity Diabetes UK, there are 4.3 million people living with a diagnosis of diabetes in the UK. The NHS spends approximately £10 billion a year on diabetes – almost 80% of this is spent on treating the complications. Diabetes Awareness Month takes place every November with the aim of highlighting the health challenges diabetes presents and providing help and support to those affected. [Read our blog post](#) to learn more about library resources on this topic.

Stay up to date

You can stay up to date with changes at the Health Library by checking:

* [Health Library News](#) blog * [Information Skills for Health](#) blog * [@CECLibrary](#) on Twitter

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