

Mar-Aug	Monday	Tuesday	Wednesday	Thursday	Friday
9.30 am Breakfast	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water
11.30am Main	Chicken in BBQ sauce	Tuna Pasta Bake	Turkey & Mushroom Hotpot	Beef pasties with Gravy	Shepherd's Pie
Non Meat	Vegetable Ragu	Vegetable Pasta Bake	Vegan Lancashire Hot Pot	Courgette and Sweet Potato Fritter	Vegetable Shepherds Pie
Vegetables	Sliced Potatoes Mixed Vegetables	Peas	Crusty Bread	Herby Diced Potatoes Broccoli	Cauliflower
Dessert	Fresh Fruit	Lemon Cake & Custard	Banana Muffin	Yoghurt	Peach Crumble & Ice Cream
3.15pm Snack	Cheese, Cucumber & Bread Sticks	Fresh Fruit	Crackers & Cream Cheese	Banana Sandwiches	Buttered Crumpets
	Monday	Tuesday	Wednesday	Thursday	Friday
9.30 am Breakfast	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water
11.30am Main	Spaghetti Bolognese	Fish Pie	Chicken Carbonara Pasta Shapes	Roast Pork & Gravy	Thai Yellow Fish Curry (Hake)
Non Meat	Lentil & Vegetable Bolognese	Leek & Mushroom Pie	Chunky Chargrilled Vegetables in Tomato Sauce	Vegetable Lasagne	Vegetable & Lentil Stew
Vegetables	Peas Garlic Bread	Carrots	Sweetcorn	Roasted New Potatoes Red Cabbage	Brown Rice Mixed Vegetables
Dessert	Chocolate Mousse	Strawberry & Apple Crumble with Ice Cream	Pineapple Upside Down Cake	Fresh Fruit Salad	Raspberry & White Chocolate Traybake
3.15pm Snack	Crusty Bread & Cream Cheese	Yoghurt	Biscuits & Fresh Fruit	Toasted Teacakes & Butter	Cucumber Sandwiches
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9.30 am Breakfast	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water
11.30am Main	Margarita Pizza	Beef Lasagne	Minced Pork Ragu	Fish Fingers	Chicken Meatballs
Non Meat	Vegetables in Pasta and Tomato Sauce	Vegetable Pie	Red Lentil & Mushroom Ragu	Vegetable Filo Parcel	Vegetarian Balls
Vegetables	Sweetcorn	Green Beans	Wholemeal Rice Mixed Vegetables	Potato Wedges Peas	Tagliatelle (green) Carrots
Dessert	Apple & Pear Crumble & Ice Cream	Peach Fool	Rice Pudding	Bananas & Custard	Orange Cake
3.15pm Snack	Yoghurt	Fresh Fruit	Fruit Loaf	Scones & Butter	Oatcakes & Cheese

The Nursery caters for specific dietary requirements i.e. Non-dairy, gluten free. Children need a balanced diet and will be offered and encouraged to try a variety of foods throughout the week. Fruit will be offered as an alternative to dessert and snack if the children do not like the food offered.